

Goals for Therapy - Therapist's Plan



Name _____

Date _____

When therapy is complete client hopes to have:

- 1) _____

- 2) _____

- 3) _____

The steps on the way to achieving these goals include:

- 1) _____

- 2) _____

- 3) _____

The methods that will be used to achieve these goals include:

- 1) _____

- 2) _____

- 3) _____

Diagnosis: _____