



EGUSD-Nutrition Integration Chart
Second Grade-Healthy Choices, Healthy Me! (2nd grade edition)
 Lesson Name and Number

Lesson Standards & Integration of Subjects

	1	2	3	4	5	6	7	8	9	10
	Fruits & Vegetables	Meats, Beans, & Nuts, and Grains, Breads, & Cereals	Milk & Milk Products and Extra Foods	Mixed Foods	What's for Breakfast?	Snack Time	Moving Around	What's Missing?	Balance It	My Balanced Meal
Health Standards (EGUSD)	1.1.C	1.1.C	1.1.C	1.1.C	1.1.C	1.1.C	1.1.C 1.1.D 1.1.E	1.1.C	1.1.C	1.1.C
Language Arts Standards (CA)	Wtg 1.1, 1.2 Rdg 2.5, 2.6	Wtg 1.1, 1.2 Rdg 2.5, 2.6	Wtg 1.1, 1.2 Rdg 2.5, 2.6	Rdg 2.5, 2.6	Wtg 1.1, 1.2 Rdg 2.5, 2.6	Wtg 1.1, 1.2 Rdg 2.6	Wtg 1.1, 1.2 Rdg 2.6	Rdg 2.6	Wtg 1.1, 1.2 Rdg 2.5, 2.6	Wtg 1.1, 1.2 Rdg 2.6
Mathematics Standards (CA)				NS 1.0 SDAP 1.0, 1.1, 1.2						
MyPyramid.gov Activities (supplemental lessons)	Level 1: Lesson 2	Level 1: Lesson 2	Level 1: Lesson 2	Level 1: Lesson 3			Level 1: Lesson 1			Level 1: Lesson 3

Standards Abbreviation Key: **Language Arts:** *Rdg*=Reading, *Wtg*=Writing, **Math:** *NS*=Number Sense, *SDAP*=Statistics, Data Analysis, and Probability.