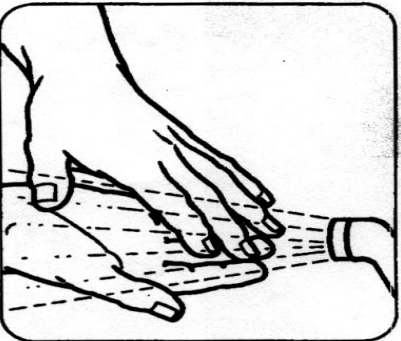
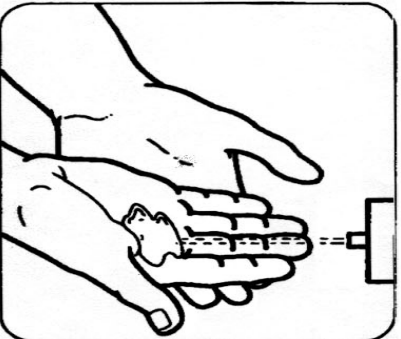


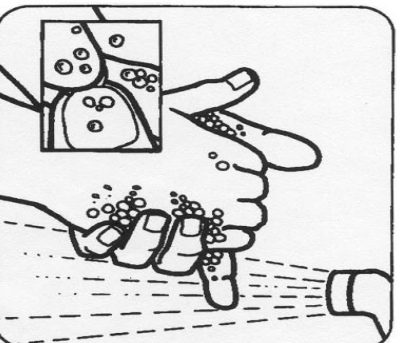
# SOAP, Know How to Use It... Wash!



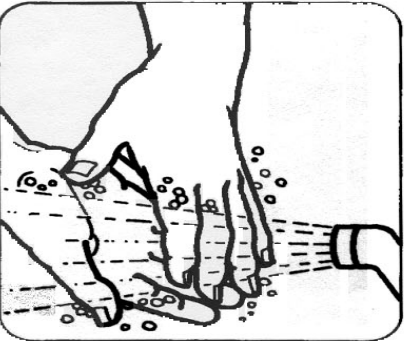
1. Wet hands with warm, running water



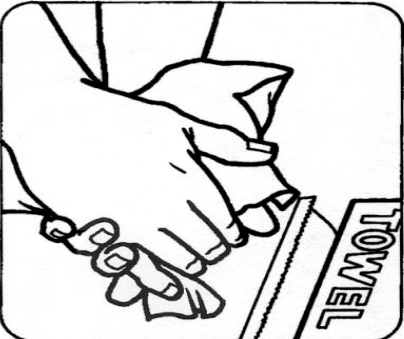
2. Apply soap



3. Wash vigorously for 10-20 seconds



4. Rinse



5. Dry with a single-use paper towel or hot-air dryer



6. Turn off faucet with paper towel

## Children and adults must wash away germs ...

**BEFORE:**

- Preparing food or bottles
- Eating meals and snacks

**AFTER:**

- Using the toilet or assisting others
- Playing with animals
- Diapering a child
- Coughing, sneezing or wiping nose
- Handling money

Utah Hygiene Education Coalition, 2001 S. State, S-2500, Salt Lake City, Utah 84143-2150, 801-468-2700

