

Grocery Shopping Week of Nov 4, 2011

<u>Store</u>	<u>Item</u>	<u>Need?</u>	<u>Want?</u>	<u>Luxury?</u>	<u>% of Budget</u>	<u>In Alignment</u>
Local	5 lbs burger	\$ 20.00				
	2 lbs stew meat	\$ 8.00				
	PIZZA ...that's local right?			\$ 5.00		
	milk	\$ 2.50				
	Local Businesses:	\$ 30.50	\$ -	\$ 5.00	36%	
Safeway	Yuban coffee	\$ 9.99				
	butter	\$ 3.49				
	bananas	\$ 1.71				
	bananas	\$ 1.59				
	avocados	\$ 3.00				
	brussel sprouts (fresh)	\$ 0.70				
	organic romain hearts	\$ 3.49				
	1 lb organic carrots	\$ 1.09				
	Safeway:	\$ 25.06	\$ -	\$ -	25%	
Robb's <small>dented can store</small>	cashews	\$ 4.00				
	salsa	\$ 1.60				
	BBQ sauce	\$ 1.60				
	mustard	\$ 1.10				
	season salt		\$ 2.00			
	dill relish	\$ 1.10				
	Robb's:	\$ 9.40	\$ 2.00	\$ -	11%	
Walmart	cream	\$ 1.98				
	canned potatoes	\$ 1.96				
	sour cream	\$ 1.98				
	beef broth	\$ 1.96				
	Total at Walmart:	\$ 7.88	\$ -	\$ -	8%	
Total of All Stores:		\$ 72.84	\$ 2.00	\$ 5.00	80%	
Grand Total of All Items:		\$ 79.84				