

TAKING RESPONSIBILITY

WRITING YOUR APPROACH TO LIFE AFTER A COURT-ORDERED DIVORCE
 (APPROPRIATE FOR BOTH MEN AND WOMEN)

DESCRIPTION	TRUE	FALSE
1. I AM RESPONSIBLE FOR MY OWN ACTIONS AND REACTIONS.		
2. I AM RESPONSIBLE FOR MY OWN FEELINGS AND THOUGHTS.		
3. I AM RESPONSIBLE FOR MY LIFE.		
4. I AM RESPONSIBLE FOR MY OWN DECISIONS.		
5. I AM RESPONSIBLE FOR MY OWN SUCCESS & FAILURE.		
6. I AM RESPONSIBLE FOR MY OWN HAPPINESS AND UNHAPPINESS.		
7. I AM RESPONSIBLE FOR MY OWN HEALTH AND WELL-BEING.		
8. I AM RESPONSIBLE FOR MY OWN FINANCIAL WELL-BEING.		
9. I AM RESPONSIBLE FOR MY OWN EDUCATION.		
10. I AM RESPONSIBLE FOR MY OWN CAREER.		
11. I AM RESPONSIBLE FOR MY OWN RELATIONSHIPS.		
12. I AM RESPONSIBLE FOR MY OWN CHILDREN'S WELL-BEING.		
13. I AM RESPONSIBLE FOR MY OWN HOME.		
14. I AM RESPONSIBLE FOR MY OWN CLOTHING.		
15. I AM RESPONSIBLE FOR MY OWN APPEARANCE.		
16. I AM RESPONSIBLE FOR MY OWN REPUTATION.		
17. I AM RESPONSIBLE FOR MY OWN BELIEFS AND VALUES.		
18. I AM RESPONSIBLE FOR MY OWN MORALS.		
19. I AM RESPONSIBLE FOR MY OWN CHARACTER.		
20. I AM RESPONSIBLE FOR MY OWN INTEGRITY.		
21. I AM RESPONSIBLE FOR MY OWN HONOR.		
22. I AM RESPONSIBLE FOR MY OWN DIGNITY.		
23. I AM RESPONSIBLE FOR MY OWN RESPECT.		
24. I AM RESPONSIBLE FOR MY OWN COURAGE.		
25. I AM RESPONSIBLE FOR MY OWN BRAVERY.		
26. I AM RESPONSIBLE FOR MY OWN COURTESY.		
27. I AM RESPONSIBLE FOR MY OWN POLITENESS.		
28. I AM RESPONSIBLE FOR MY OWN KINDNESS.		
29. I AM RESPONSIBLE FOR MY OWN GENEROSITY.		
30. I AM RESPONSIBLE FOR MY OWN COMPASSION.		
31. I AM RESPONSIBLE FOR MY OWN MERCY.		
32. I AM RESPONSIBLE FOR MY OWN PATIENCE.		
33. I AM RESPONSIBLE FOR MY OWN SELF-CONTROL.		
34. I AM RESPONSIBLE FOR MY OWN TEMPERANCE.		
35. I AM RESPONSIBLE FOR MY OWN ABSTINENCE.		
36. I AM RESPONSIBLE FOR MY OWN PURITY.		
37. I AM RESPONSIBLE FOR MY OWN CLEANLINESS.		
38. I AM RESPONSIBLE FOR MY OWN ORDER.		
39. I AM RESPONSIBLE FOR MY OWN NEATNESS.		
40. I AM RESPONSIBLE FOR MY OWN CLEANLINESS.		
41. I AM RESPONSIBLE FOR MY OWN PERSONAL HYGIENE.		
42. I AM RESPONSIBLE FOR MY OWN HEALTHY EATING.		
43. I AM RESPONSIBLE FOR MY OWN EXERCISE.		
44. I AM RESPONSIBLE FOR MY OWN REST.		
45. I AM RESPONSIBLE FOR MY OWN SLEEP.		
46. I AM RESPONSIBLE FOR MY OWN RELAXATION.		
47. I AM RESPONSIBLE FOR MY OWN RECREATION.		
48. I AM RESPONSIBLE FOR MY OWN ENTERTAINMENT.		
49. I AM RESPONSIBLE FOR MY OWN CULTURE.		
50. I AM RESPONSIBLE FOR MY OWN ARTS.		
51. I AM RESPONSIBLE FOR MY OWN MUSIC.		
52. I AM RESPONSIBLE FOR MY OWN MOVIES.		
53. I AM RESPONSIBLE FOR MY OWN BOOKS.		
54. I AM RESPONSIBLE FOR MY OWN GAMES.		
55. I AM RESPONSIBLE FOR MY OWN TOYS.		
56. I AM RESPONSIBLE FOR MY OWN HOBBIES.		
57. I AM RESPONSIBLE FOR MY OWN INTERESTS.		
58. I AM RESPONSIBLE FOR MY OWN PASSIONS.		
59. I AM RESPONSIBLE FOR MY OWN DREAMS.		
60. I AM RESPONSIBLE FOR MY OWN VISIONS.		
61. I AM RESPONSIBLE FOR MY OWN IDEAS.		
62. I AM RESPONSIBLE FOR MY OWN INVENTIONS.		
63. I AM RESPONSIBLE FOR MY OWN CREATIVITY.		
64. I AM RESPONSIBLE FOR MY OWN ORIGINALITY.		
65. I AM RESPONSIBLE FOR MY OWN UNIQUENESS.		
66. I AM RESPONSIBLE FOR MY OWN INDIVIDUALITY.		
67. I AM RESPONSIBLE FOR MY OWN PERSONALITY.		
68. I AM RESPONSIBLE FOR MY OWN CHARACTERISTICS.		
69. I AM RESPONSIBLE FOR MY OWN TRAITS.		
70. I AM RESPONSIBLE FOR MY OWN QUALITIES.		
71. I AM RESPONSIBLE FOR MY OWN STRENGTHS.		
72. I AM RESPONSIBLE FOR MY OWN WEAKNESSES.		
73. I AM RESPONSIBLE FOR MY OWN LIMITATIONS.		
74. I AM RESPONSIBLE FOR MY OWN CAPABILITIES.		
75. I AM RESPONSIBLE FOR MY OWN POTENTIAL.		
76. I AM RESPONSIBLE FOR MY OWN ABILITIES.		
77. I AM RESPONSIBLE FOR MY OWN SKILLS.		
78. I AM RESPONSIBLE FOR MY OWN TALENTS.		
79. I AM RESPONSIBLE FOR MY OWN GIFTS.		
80. I AM RESPONSIBLE FOR MY OWN BLESSINGS.		
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