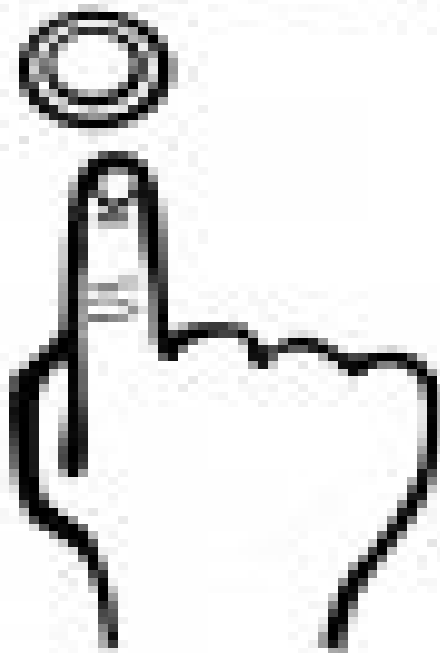


Pushing Your Anger Button

Explain to students that anger is a natural emotion, but it can be dangerous if it is not controlled. The anger button is a tool that can help students control their anger.

Anger Button

Students will use the anger button to identify the source of their anger, the feelings they are experiencing, and the actions they can take to control their anger.



My Name: _____
What was the event? _____

My Name: _____
What was the event? _____

My Name: _____
What was the event? _____

My Name: _____
What was the event? _____

My Name: _____
What was the event? _____